

EDITOR'S NOTE

We at the Eswatini Sport and Recreation Council have welcomed news that some of our sports codes are now free to resume activities.

The good news were relayed to the public through a Government Press Statement by the Prime Minister on 10 July 2020.

We would like to commend all our recognized sports bodies who have adhered to all the Government protocols and guidelines.

We would also love to commend these



sports bodies for their immediate action to our call for recommendations for the resumption of sports activities under the COVID -19 environment and post COVID -19. These very same recommendations have assisted the Government in its decision for resumption of some sports activities.

Enjoy the read, as we briefly take you through what has indeed been a trying time for our sports in this issue of the Eswatini Sport and Recreation Council Newsletter.

ESWATINI SPORT & RECREATION COUNCIL OPERATIONS

Operations of the office were partly grounded for the better part of the quarter amid the partial lockdown by Government.

It is however pleasing to advise that we are back in office and readily available to serve our recognized sports bodies in whatever way possible.

Necessary precautionary measures have been put in place in the office

to mitigate the spread of the Corona Virus.

However, minimal visitation to the office is advised. Sports bodies can still access our services via the online platforms we shall soon be sharing with them.

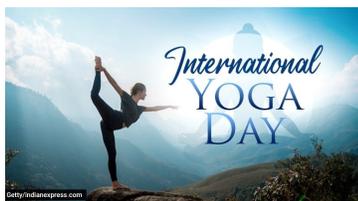
Delivery of our flagship program Tinkhundla outreach activities remains suspended until such time as advised by the Government.



INTERNATIONAL YOGA DAY AND OLYMPIC DAY RUN

Despite the devastating effects of the COVID -19 pandemic, the Olympic Day Run and International Yoga Day were still commemorated

As per norm, Olympic Day Run 2020 commemoration activities could not be hosted. This did not however dampen the spirit of celebrating Olympism as our local sports personalities shared their videos and pictures of



physical activity on the Eswatini Olympic & Commonwealth Games Association and our social media platforms.

Likewise, the International Yoga Day [21 June 2020] was celebrated online through our social media platforms. Messages and various Yoga messages were posted on our social media platforms to encourage Emaswati to take up Yoga as an alternative form of physical activity and recreation.